

# **Japan Karate Association**

**Pursuit of excellence is an artist's life-blood. Consistent practice is a must, no matter what else happens around her.**

Due to Covid-19 related disruptions

## **Japan Karate Association of New York (JKA NY)**

offers **live** online instruction to artists interested in  
*traditional Shotokan Karate.*

To join these **free** One-hour online classes:

On **Tuesdays** and **Thursdays** at **7 PM EST**  
: <https://www.facebook.com/groups/537726863835341/about>

On **Sundays** at **10 AM EST** : <https://us02web.zoom.us/j/87145364367>

*In case of any questions, please contact [jkany@gmail.com](mailto:jkany@gmail.com) or visit [www.jkany.org](http://www.jkany.org)*

